



The Bridgewater Judo Club

May 4, 2019

HB Studios

543 Glen Allen Drive

Bridgewater, NS

Saturday May 4, 2019

Venue: HB Studios 543 Glen Allen Drive, Bridgewater, NS

Hotel: Best Western Plus Bridgewater
527 Highway 10, Exit 12, Bridgewater, NS B4V7P4
(902)-530-0101

Tournament Registration:

\$40 for competitors, (Kata is 40.00 per pair)
\$20 for LTAD participants
\$25 for additional age category (limit one additional category per competitor)

Athlete Check-in at HB Studios 543 Glen Allen Drive

Friday night 7 pm -9:00 pm May 3rd or Saturday May 4th, 8:00am - 9:00am

Weigh-In:

We will be using the "Coaches Honor System". Form attached.
All athletes must fill out a registration/waiver sheet at check-in.

Schedule:

- LTAD - 9:30 am -10:30 am Mat I
- Regular Competition 9:30 am Mat II and 10:30 am Mat I after LTAD
- Match numbers will be posted on draw sheets
- Kata Competition Mat II at 1:30 pm
 - Kata competition will be held for the complete Goshin Jitsu and complete Nage no Kata.
 - In addition, we are encouraging a Novice kata for the first 3 sets of Nage no Kata. Novice teams must be non Black Belt and 16 years or younger."
 - We need name, rank, club, uke/tori and kata for registration.

Registration

This is a pre-registration tournament only.

All competitors must be registered no later than Friday at midnight, April 22, 2019

Please send registrations to tim.lohnes@freemanlumber.com,

Referees interested in officiating must contact Tim Lohnes by April 22, 2019.

All referees are to wear JNS golf shirts.

Awards will be presented at designated times throughout the day

Tournament Rules

IJJF rules will be in effect, as well as those rules according to Judo Canada's Tournament Sanctions Policy:

- Kansetsu waza and shime waza for U18+
- Shime waza for U16
- No kansetsu or shime waza for novice divisions (orange belt and below)
- Blue judo gi is recommended for U16 and older, but not mandatory
- T-shirts U10 males will be allowed.
- Pink Gi's female U14 and under will be allowed

***It is the responsibility of individual coaches to familiarize themselves and their players with the Judo Canada Sanctions Policy.**

Eligibility

Open to all members in good standing with a recognized provincial judo association.

Minimum yellow belt for ages U10 and above, all registrations will be crosschecked by Judo Canada.

Master: Born 1989 and before	Senior: Born 2003 and before
U21: Born 98/99/00/01/02/03	U18: Born 2001, 2002, 2003
U16: Born 2004 & 2005	U14: Born 2006 & 2007
U12: Born 2008 & 2009	U10: Born 2010 & 2011
LTAD Born 2012 and later	

Tournament Format:

Athletes will be grouped in pools based on a 15% weight variance between the lightest and heaviest participant.

U10	<u>2 minutes continuous time with 30 point maximum (3 Ippons)</u>
U12/U14	2 minutes standard (stop time) Golden Score
U16/U18/U21/Senior	3 minutes standard Golden Score
Master (if interest)	2 minutes Golden Score

Tournament Director Tim Lohnes

Tim.lohnes@freemanlumber.com work: 902-685-2792 ext 249 cell: 902-521-2075